

Shopping

M SECTION TORONTO STAR SATURDAY, MARCH 18, 2006 thestar.com

When to

buy

THE ITEM: HotMama pyjamas

THE COST: \$72

WHERE TO BUY: www.hot-coolwear.com and local retailers. For more information about where to buy the brand, go to the website and click on Store Locations.

Wendy McClung, co-creator of HotMama pyjamas, knows the ups and downs of menopause. Temperature ups and downs, to be specific.

"I was having trouble sleeping," remembers McClung, 52. "I kept changing T-shirts through the night to stay comfortable

and dry. I grabbed one T-shirt and slept through the night. I couldn't believe it, but it clicked when I saw that it was one of my running shirts."

Realizing that the shirt was made of a special patented fabric called CoolMax, she flashed on an idea for pyjamas created from the breathable, wicking fabric, which at the time, was mainly being used for athletic wear.

McClung paired up with her neighbour Jutta Smardenka, 56, who had worked as a designer of active wear. In 2000, they launched their first collection of "moisture management" sleepwear for menopausal women, made from supersoft CoolMax, and a similar fabric they have developed themselves. Designed to wick moisture away from the body, as well as breathe and dry very quickly, the fabric is soft, flowing and colourfast.

People with condi-



Daphne Gordon

THE ITEM: Tubtrugs
THE COST: \$45 for a set of three
Tubs.

WHERE TO BUY: Gardencrope
wear collection just hit stores
and the Constant Shopper is
already a fan. I bought a green
pair with orange trim two
weeks ago and they're so com-
fortable I've been tempted to
wear them even on the sun-
niest of days. They're light, fit
snugly and don't flop around
when I walk.

Guaranteed waterproof and
lightweight with a non-mark-
ing outside and a removable
insole, they're the perfect
combination of function and
fashion, with five colours
available now and more
coming next season.

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tions that cause temperature
fluctuations such as pregnan-
cy, diabetes, multiple sclerosis
and side effects from chemo-
therapy, became customers,
too. Now the line includes stuff
for men, plus daywear, under-
garments and exercise gear.